

## **Referrals for Physiotherapy**

### **Outpatient:**

A doctor's referral is required for outpatient services

Referrals are also accepted from acute or rehabilitation hospitals for follow up post-discharge

### **Appointments:**

Appointments can be made by telephoning the Allied Health Reception Desk on 56713343

### **Fees:**

A small fee is charged for each visit

### **Transport:**

Patients are required to provide their own transport to the service.

**For further  
information contact:**

**Physiotherapy  
Department  
Bass Coast Regional  
Health  
Wonthaggi Hospital  
Graham Street  
Wonthaggi Vic 3995**



**Tel: 56713343**

**[www.bcrh.com.au](http://www.bcrh.com.au)**



## **PHYSIOTHERAPY DEPARTMENT INFORMATION BROCHURE**



**February 2009**

**DOC-PHY-001**

The Physiotherapy Department at Bass Coast Regional Health is located in the Community Rehabilitation Centre.

Physiotherapy Staff work in a number of areas to provide patient care. Services provided are:

#### *Inpatient*

Physiotherapy Staff provide assessment and treatment for inpatients of Bass Coast Regional Health. This includes acute inpatients and those undergoing short-term rehabilitation for conditions such as stroke, fractures or following surgery.

#### *Residential Care*

Residents of:

- Armitage House
- Kirrak House
- Griffiths Point Lodge

Are assessed by a Physiotherapist on admission and reviewed by Physiotherapy Staff.

#### *Outpatients*

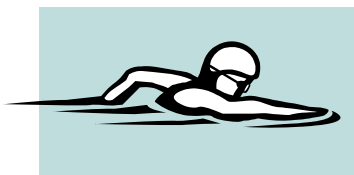
Assessment and management of:

- Spinal pain
- Joint pain
- Soft tissue injuries
- Rehabilitation following joint or spinal surgery or fractures
- Respiratory conditions
- Neurological conditions

Outpatient services are provided in the form of a short-term intervention to assist patients with acute symptoms. Patients then progress to self-management and are discharged from the service.

#### *Hydrotherapy*

A limited service is provided at the Bass Coast Shire Indoor Heated Pool. This program aims to teach skills and encourage self-management.



#### *Home-Based Mobility Review*

A limited service is provided to assess mobility and walking aids at home for those who are unable to attend the Centre.

#### *Lymphoedema*

Education and management of patients with lymphoedema

#### *Other Programs*

Physiotherapy staff are also involved in the delivery of programs including:

- Cardiac Rehabilitation
- Pulmonary Rehabilitation
- Falls Prevention

