

3. Chemotherapy tablets /capsules should always be swallowed whole, never crushed or chewed. If this is not possible contact your doctor.
4. If you vomit after taking your chemotherapy tablet/capsule, do not take another dose. Contact your doctor.
5. Make sure you know how many chemotherapy tablet/capsules to take for the course of treatment.
6. Return any unused tablets/capsules to your local hospital pharmacy or community pharmacy for proper disposal.

**DO NOT FLUSH TABLETS OR CAPSULES DOWN TOILET OR THROW INTO THE RUBBISH BIN**

7. If you take too many tablets by mistake contact your specialist for advice.
8. It is recommended that any one who is pregnant or breastfeeding does not handle any chemotherapy medications or waste products. Try to get someone else to do it.

## Your Information

### General Practitioner

Phone

### Specialist Doctor

Phone

### Chemotherapy Unit

Phone

### Ward

Phone

### District Nurse

Phone

### Community Health Centre

Phone

### HITH

Phone

### Emergency Department

Phone

### Cancer Care Nurse

Phone

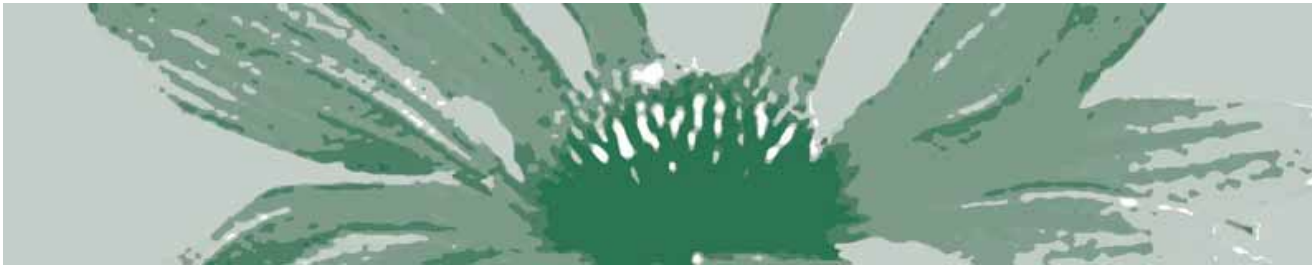
# Chemotherapy Safety at Home

*'When I go home after chemotherapy'*



● PATIENT INFORMATION ●





**MAKE SURE YOU READ AND UNDERSTAND THE DRUG INFORMATION LEAFLET FOR YOUR CHEMOTHERAPY. IF UNSURE ASK YOUR HEALTH PROFESSIONALS**

## **When I go home after chemotherapy**

There are precautions that you need to take if you go home after having chemotherapy or if you go home with a CADD pump. This is because some of the by-products of chemotherapy come out of your body in your urine and faeces for a short time after your treatment.

The following is a list of precautions you need to take.

### **Precautions – general**

1. Flush the toilet twice for ..... days after you have had chemotherapy.
2. Wear rubber gloves to clean up any spills eg. urine, faeces, vomit or chemotherapy from your pump.

3. Wear rubber gloves to handle linen, cleaning cloths or clothing that is contaminated by urine, faeces, vomit or chemotherapy from your pump.
4. Wash this linen, cleaning cloths or clothing in your washing machine once on a long cycle. You don't need any special type of washing detergent.
5. Place the rubber gloves in a plastic bag. Tie up the bag and put into the rubbish bin.
6. Wash your hands well with soap and water.
7. If you accidentally get chemotherapy from your CADD pump on your skin, rinse and wash well with soapy water and contact your district nurse or cancer nurse. For more detail read your CADD PUMP brochure.

## **What about chemotherapy tablets at home?**

When you have cancer treatment you may be given many different tablets - some for side effects and some may be chemotherapy tablets or capsules. The chemotherapy tablets or capsules have some special precautions.

The following is a list of precautions you need to take.

### **Precautions – tablets and capsules**

1. Keep out of reach of children
2. If someone else is giving you the chemotherapy tablets or capsules they should not touch them. They could tip them into a medicine cup or wear disposable gloves